
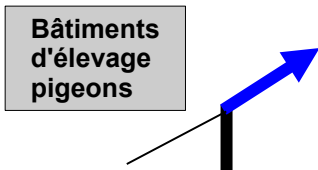
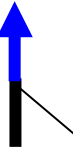
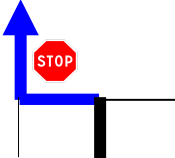
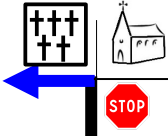
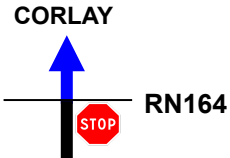


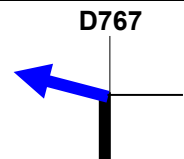
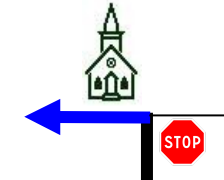
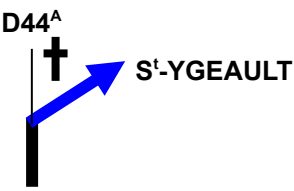

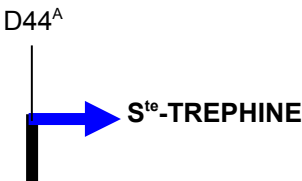
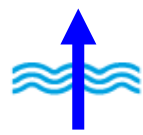
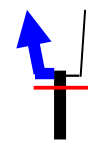
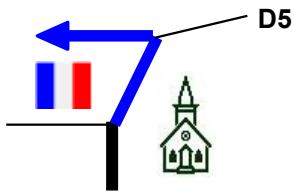

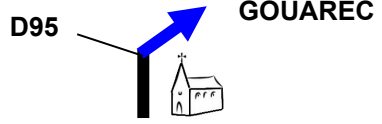
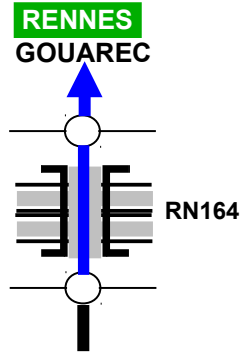

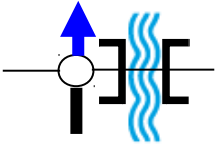




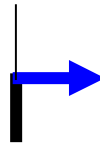
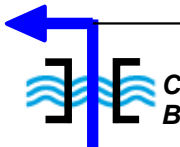









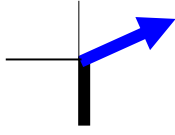











Dimanche 31 mai : boucle au départ de Mûr-de-Bretagne : 79 km

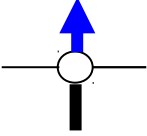
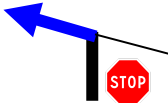












Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
79,0	0,0	MÛR de BRETAGNE DEPART : parking Vacancier	VC	14:00	14:00	13:30	
78,2	0,8		VC	14:03	14:03	13:32	
78,0	1,0	MÛR-DE-BRETAGNE	VC	14:03	14:03	13:33	
77,9	1,1	Rue des Écoles	VC	14:04	14:03	13:33	
77,3	1,7	Rue de l'Argoat	VC	14:06	14:05	13:35	
77,2	1,8	Rue de Corlay	VC / D767	14:06	14:05	13:35	
77,0	2,0	MÛR-DE-BRETAGNE	D767	14:06	14:06	13:35	
76,4	2,6		D767	14:08	14:08	13:37	
			D767	14:00	14:00	13:30	 
70,0	9,0	Le Rohanno	D767	14:00	14:25	13:30	



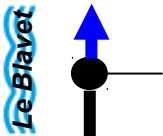
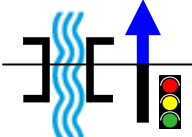
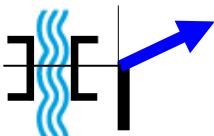
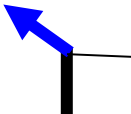


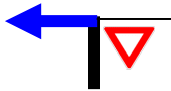
Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
67,5	11,5		D767 / D50	14:35	14:32	13:58	PLUSSULIEN 
65,5	13,5	PLUSSULIEN	D50	14:41	14:37	14:03	
64,8	14,2	Rue du Centre	D50 / D44	14:43	14:39	14:05	S ^t -YGEAULT LANISCAT 
64,1	14,9	PLUSSULIEN	D44	14:45	14:41	14:06	
63,2	15,8		D44 / D44 ^A	14:48	14:44	14:08	
62,1	16,9	SAINT-YGEAULT	D44 ^A	14:51	14:47	14:11	
61,9	17,1		D44 ^A	14:52	14:47	14:12	LANISCAT GOUAREC 
61,8	17,2		D44 ^A / VC1	14:52	14:47	14:12	
61,3	17,7	SAINT-YGEAULT	VC1	14:54	14:49	14:13	
58,4	20,6		VC1	15:02	14:57	14:20	
58,1	20,9	SAINTE-TREPINE	VC1	15:03	14:57	14:21	
58,1	20,9	Rue de la Fontaine	VC1	15:03	14:57	14:21	

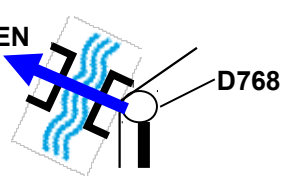
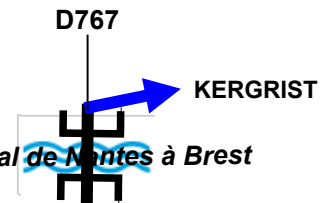

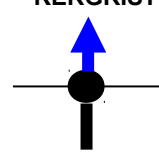
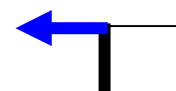
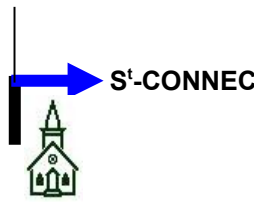
Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
58,1	20,9	Place de l'Église	VC1 / D5	15:03	14:57	14:21	
57,6	21,4	SAINTE TREPINE	D5	15:05	14:59	14:22	
56,3	22,7		D5	15:09	15:02	14:25	
56,2	22,8		D5	15:09	15:03	14:25	
55,2	23,8	Kerbihan	D5	15:12	15:05	14:28	
53,5	25,5		D5	15:17	15:10	14:32	
52,6	26,4	LE POTEAU (Commune de Laniscat)	D5	15:20	15:12	14:34	
51,9	27,1	LE POTEAU (Commune de Laniscat)	D5	15:22	15:14	14:36	
51,9	27,1	GOUAREC	D5	15:22	15:14	14:36	
51,8	27,2		D5 / D2164 (ancienne RN 164)	15:22	15:15	14:36	CAUREL MÛR de B. LOUDEAC <i>Abbaye de Bon Repos</i> <i>Lac de Guerlédan</i> 

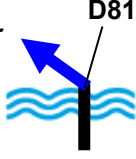
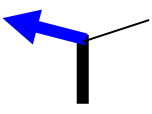
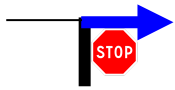
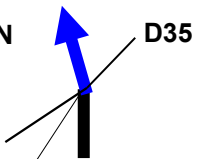
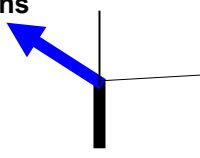

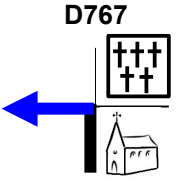

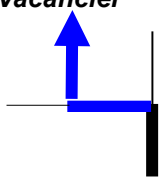
Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
51,3	27,7		D2164	15:24	15:16	14:37	<p>RENNES CAUREL MÛR de B. LOUDEAC Abbaye de Bon Repos Lac de Guerlédan</p>  <p> Route à 2 X 2</p>
			D2164	14:00	14:00	13:30	 <p> Le-Blavet</p>
49,2	29,8		D2164	14:00	15:22	13:30	 Fin de la 2 X 2 voies
47,5	31,5	Bon Repos	D2164	15:35	15:26	14:46	
47,1	31,9		D2164 / D44	15:36	15:27	14:47	<p>D2164</p>  <p>PERRRET Ste-BRIGITTE Abbaye de Bon Repos</p>
46,7	32,3		D44	15:37	15:29	14:48	 Canal de Nantes à Brest  <p> Passage très étroit</p> 
46,6	32,4	Ravitaillement Le long de la route Face aux jardins de l'Abbaye	D44	15:38	15:29	14:48	


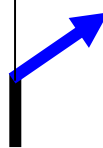
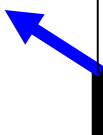

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
77,2	1,8		D44	14:00	14:00	13:30	  
45,2	33,8	MORBIHAN	D44 / D15^A	16:02	15:53	15:12	
44,3	34,7		D15 ^A	16:05	15:55	15:14	 S ^{te} BRIGITTE
			D15 ^A	14:20	14:20	13:50	 Forêt de Quénécan (3,5 km)  La route monte
39,7	39,3	SAINTE-BRIGITTE	D15 ^A	16:18	16:08	15:25	
39,2	39,8	<i>Le Garly</i>	D15 ^A	16:20	16:09	15:26	
38,2	40,8	SAINTE-BRIGITTE	D15 ^A	16:23	16:12	15:28	
38,2	40,8		D15 ^A	16:23	16:12	15:28	 Forêt pendant 1,5 km  R10 
37,1	41,9		D15 ^A / D15	16:26	16:15	15:31	CLEGUEREC 
33,4	45,6	<i>Pontic-Mein</i>	D15	16:37	16:25	15:40	
32,0	47,0	CLEGUEREC	D15	16:41	16:29	15:43	
31,7	47,3	Rue du Stade	D15	16:42	16:29	15:44	PONTIVY   D18
30,7	48,3	Rue Théodore Huet	D15	16:45	16:32	15:46	PONTIVY   D18 —  D159

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
30,2	48,8	CLEGUEREC	D15	16:47	16:34	15:48	
28,5	50,5	La Croix du Grain	D15	16:52	16:38	15:52	
26,2	52,8	Giratoire de Pont Fournan	D15	16:59	16:44	15:57	PONTIVY 
25,8	53,2		D15 / D764	17:00	16:46	15:58	PONTIVY 
23,6	55,4	STIVAL (Commune de Pontivy)	D764	17:07	16:52	16:03	
23,2	55,8	STIVAL (Commune de Pontivy)	D764	17:08	16:53	16:04	
21,8	57,2	PONTIVY	D764	17:12	16:56	16:08	
21,0	58,0	Avenue Jeanne De Kervenoaël	D764	17:14	16:59	16:10	
20,8	58,2	Rue Julien Guidard		17:15	16:59	16:10	   Toutes directions
20,4	58,6	Rue Julien Guidard		17:16	17:00	16:11	Toutes directions Centre ville 
20,1	58,9	Quai du Plessis		17:17	17:01	16:12	  Le Blavet Toutes directions Centre ville
19,9	59,1	Pont du Quartier	D2	17:18	17:02	16:12	 Toutes directions    

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
19,8	59,2	Quai du Niémen	D2 / D764	17:18	17:02	16:13	
19,7	59,3	Quai du Niémen	D764	17:18	17:02	16:13	
19,5	59,5	Quai de Presbourg	D764	17:19	17:03	16:13	
19,3	59,7	Quai du Couvent	D764	17:20	17:03	16:14	
19,0	60,0	Rue Pierre-François Jouanno		17:20	17:04	16:14	
19,0	60,0	Rue Pierre-François Jouanno		17:20	17:04	16:14	
18,9	60,1	Rue du Général de Gaulle	D767	17:21	17:04	16:15	  

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
18,5	60,5	Rue Joseph Le Brix	D767	17:22	17:05	16:16	GOURIN ROSTRENEN 
18,4	60,6	Rue Roger Le Cunff	D767 / D191	17:22	17:06	16:16	 Canal de Nantes à Brest  Montée assez importante
18,3	60,7	PONTIVY	D191	17:23	17:06	16:16	
17,8	61,2		D191	17:24	17:07	16:17	KERGRIST 
15,1	63,9	Bolumet	D191	17:32	17:15	16:24	
14,8	64,2	Le Moustoir	D191	17:33	17:16	16:25	
13,4	65,6	Torloray	D191	17:37	17:19	16:28	
12,2	66,8	KERGRIST	D191	17:41	17:23	16:31	
11,2	67,8	Rue de la Paix	D191	17:44	17:25	16:33	MÛR-de-B ^{GNE} S ^t -CONNEC 
11,1	67,9	Rue de la Fontaine	D191	17:44	17:26	16:33	 S ^t -CONNEC
11,0	68,0	KERGRIST	D191	17:44	17:26	16:34	
9,2	69,8	Beauséjour	D191	17:50	17:31	16:38	
8,8	70,2	Le Guily	D191	17:51	17:32	16:39	
8,1	70,9	CÔTES D'ARMOR	D191 / D81	17:53	17:34	16:41	

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
7,9	71,1		D81 / VC6	17:54	17:34	16:41	<p><i>Le Grand Botter</i></p> 
5,3	73,7	Le Neveist	VC	18:02	17:41	16:47	
3,2	75,8	MÛR-DE-BRETAGNE	VC	18:08	17:47	16:52	
2,9	76,1	Rue Michelle Lebrun	VC	18:09	17:48	16:53	
2,6	76,4	Rue de Pontivy	VC / D767	18:10	17:49	16:54	
2,5	76,5	Rue Léon Lecerf	D767	18:10	17:49	16:54	<p>GUINGAMP ROSTRENEN</p> 
2,3	76,7	Rue Sainte-Suzanne	D767	18:11	17:50	16:55	<p>Toutes directions</p> 
1,9	77,1	Rue de l'Argoat	D767 / VC	18:12	17:51	16:56	 <p><i>Vacanciel</i></p> 
1,3	77,7	Rue des Écoles	VC	18:14	17:52	16:57	 <p><i>Vacanciel</i></p> 
1,0	78,0	MÛR-DE-BRETAGNE	VC	14:00	17:53	13:30	

Kilomètres		Itinéraires	Routes	Moyenne horaire de passage			Direction / Observations
reste	cumul			20 km/h	22 km/h	25 km/h	
0,9	78,1		VC	18:15	17:53	16:58	  <i>Vacanciel</i>
0,8	78,2		VC	18:15	17:54	16:58	<i>Vacanciel</i>  <div style="border: 1px solid gray; padding: 2px; display: inline-block;">Bâtiments d'élevage pigeons</div>
0,0	79,0	MÛR de BRETAGNE ARRIVEE : parking Vacanciel		18:17	17:56	17:00	 <div style="border: 1px solid blue; padding: 2px; display: inline-block; background-color: blue; color: white; font-weight: bold; font-size: 1.2em;">P</div>